

Personal Prayer Model and Applying the 8 R's:

1. **Recognize:** Recognize an issue in your life that is not from God.
Recognize the sin issue you participated in:

Father God, I come to You in the name of Jesus. I recognize I have participated with the sin of _____ in my life. (If applicable: I recognize my generations have served the sin of _____ also.)

2. **Responsibility:** Take responsibility with God the Father. Take responsibility for what you recognized. don't blame God or anyone else. Be personally accountable for partaking in the sin.

Father, I take responsibility for participating with and serving the sin of _____ in my life.

3. **Repent:** Repent to the Father in the name of Jesus and ask for forgiveness. Repent for your participation with the enemy and the problem you have recognized.
(Take time to forgive & release those who have sinned against you)

Father, I confess my sin and the iniquities of my fathers. In the name of Jesus, I repent to You and ask You to forgive me for allowing the sin of _____ to manifest through me. I also forgive all persons, living or dead, who have injured me or spoken evil towards me. I forgive them, so I also may be forgiven. By faith and in the name of Jesus, I now receive Your forgiveness, father and ask to be released from the power of this sin over my life.

4. **Renounce:** Take a stand against the sin you have recognized. Fall completely out of agreement with your sin.

Sin of _____, I renounce everything you stand for in my life. I will no longer serve you. I take a stand against you and

everything you represent. I will discern you and help others discern you all of my days.

5. **Remove:** remove the sin having been recognized, repented for and renounced. Remove the sin from your life. Cast it out.

Sin spirit of _____, I have repented to my Father in heaven for serving you and allowing you to manifest through me. You must leave me and go into a dry place now in the name of Jesus. Now go.

- a. **Prayer Partner:** Although not always necessary, if you choose you can invite a person to pray with you. You may want to do so if you have need of deliverance, mental healing or physical healing and have not had success in your own prayer. You would want to seek out someone with gifts of discerning of spirits, healing and miracles as applicable to your need.

6. **Resist:** Draw nigh to God and resist it coming back. Absolutely refuse to get involved with the sin. Flee from and resist the evil temptation. Take every thought captive.
7. **Rejoice:** Give thanks to God for your freedom. Praise God for your sanctification. Desire to live holy.
8. **Restore:** Help to restore others held captive.