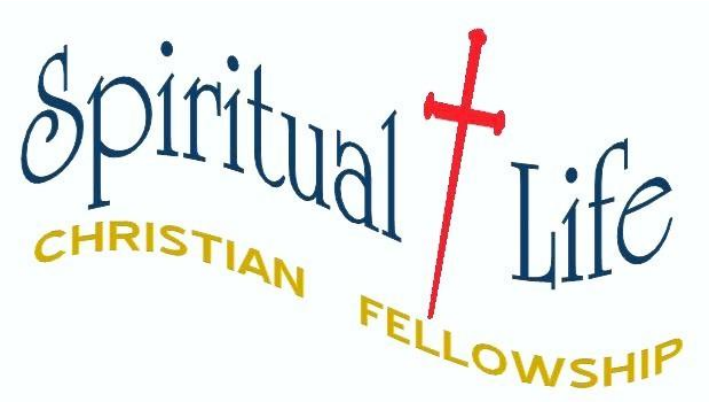
“What Did Jesus Say About Sex?”



Christ Centered, Holy Spirit Empowered, Love Focused

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Main Text: Matthew 5:27-30

Topic: How to achieve sexual righteousness

Big Idea: Maintaining five basic commitments will safeguard sexual righteousness.

Keywords: Morality; Purity; Sex

Text:

Matthew 5:27-30 (NKJV) [27] "You have heard that it was said to those of old, *'You shall not commit adultery.'* [28] But I say to you that whoever looks at a woman to lust for her has already committed adultery with her in his heart. [29] If your right eye causes you to sin, pluck it out and cast *it* from you; for it is more profitable for you that one of your members perish, than for your whole body to be cast into hell. [30] And if your right hand causes you to sin, cut it off and cast *it* from you; for it is more profitable for you that one of your members perish, than for your whole body to be cast into hell.

Body:

1. **We must acknowledge and confess our sexual unrighteousness.**

    a. Lust is as much a sexual sin as adultery.

    b. Most all people have been affected by sexual unrighteousness.

        i. **1 Corinthians 10:1-24 (NKJV)** [1] Moreover, brethren, I do not want you to be unaware that all our fathers were under the cloud, all passed through the sea, [2] all were baptized into Moses in the cloud and in the sea, [3] all ate the same spiritual food, [4] and all drank the same spiritual drink. For they drank of that spiritual Rock that followed them, and that Rock was Christ. [5] But with most of them God was not well pleased, for *their bodies* were scattered in the wilderness. [6] Now these things became our examples, to the intent that we should not lust after evil things as they also lusted. [7] And do not become idolaters as *were* some of them. As it is written, *"The people sat down to eat and drink, and rose up to play."* [8] Nor let us commit sexual immorality, as some of them did, and in one day twenty-three thousand fell; [9] nor let us tempt Christ, as some of them also tempted, and were destroyed by serpents; [10] nor complain, as some of them also complained, and were destroyed by the destroyer. [11] Now all these things happened to them as examples, and they were written for our admonition, upon whom the ends of the ages have come. [12] Therefore let him who thinks he stands take heed lest he fall. [13] No temptation has overtaken you except such as is common to man; but God *is* faithful, who will not allow you to be tempted beyond what you are able, but with the temptation will also make the way of escape, that you

may be able to bear *it.* [14] Therefore, my beloved, flee from idolatry. [15] I speak as to wise men; judge for yourselves what I say. [16] The cup of blessing which we bless, is it not the communion of the blood of Christ? The bread which we break, is it not the communion of the body of Christ? [17] For we, *though* many, are one bread *and* one body; for we all partake of that one bread. [18] Observe Israel after the flesh: Are not those who eat of the sacrifices partakers of the altar? [19] What am I saying then? That an idol is anything, or what is offered to idols is anything? [20] Rather, that the things which the Gentiles sacrifice they sacrifice to demons and not to God, and I do not want you to have fellowship with demons. [21] You cannot drink the cup of the Lord and the cup of demons; you cannot partake of the Lord's table and of the table of demons. [22] Or do we provoke the Lord to jealousy? Are we stronger than He? [23] All things are lawful for me, but not all things are helpful; all things are lawful for me, but not all things edify. [24] Let no one seek his own, but each one the other's *well*-being.

ii. **WWJD:**

1. **Hebrews 2:14 (NKJV)** Inasmuch then as the children have partaken of flesh and blood, He Himself likewise shared in the same, that through death He might destroy him who had the power of death, that is, the devil,

2. **Hebrews 4:15-16 (NKJV)** [15] For we do not have a High Priest who cannot sympathize with our weaknesses, but was in all *points* tempted as *we are, yet* without sin. [16] Let us therefore come boldly to the throne of grace, that we may obtain mercy and find grace to help in time of need.

2. Accept God's gift of human sexuality.

a. Sexuality is a created gift from God.

i. In the account of the original Creation, God created Eve from Adam's rib, shaping her, like Adam, in God's own image to be a suitable companion for Adam. The two, man and woman, are capable of experiencing a unique oneness, that meets the deepest inner needs of each, and that oneness is both sealed and symbolized by sexual intercourse. For that reason, Paul was unwilling to have husbands and wives deny each other the celebration of oneness that is married sex.

ii. It's clear from Paul's New Testament writings that he believed there are reasons for men and women to remain unmarried. He himself had chosen this course. But Paul was not antisex. For those whom God leads

to unite with another, sex is sacramental, designed by God not only for pleasure but also to express the intimacy of the bond that exists between husband and wife.

iii. In the context of the biblical affirmation of sex, the Song of Songs takes on a special role. As a love poem it is designed to help us sense the joy, and join in the celebration of that which is essentially good. Delicately, and sensitively, we are invited in the Song of Songs to sense the nature of a pure sensuality: a sensuality that releases the believer to fully enjoy the gift of sex within the context of marital commitment. [1]

b. Righteousness is the presence of right attitudes about that gift.

i. **1 John 2:29 (NKJV)** If you know that He is righteous, you know that everyone who practices righteousness is born of Him.

ii. **1 John 3:7 (NKJV)** Little children, let no one deceive you. He who practices righteousness is righteous, just as He is righteous.

3. Keep God's standards of purity.

a. Restrict sex to the permanent commitment of marriage.

i. **1 Corinthians 6:9-11 (NKJV)** **9** Do you not know that the unrighteous will not inherit the kingdom of God? Do not be deceived. Neither fornicators, nor idolaters, nor adulterers, nor homosexuals, nor sodomites, **10** nor thieves, nor covetous, nor drunkards, nor revilers, nor extortioners will inherit the kingdom of God. **11** And such were some of you.

1. **fornicators.** All who indulge in sexual immorality, but particularly unmarried persons. **idolaters.** Those who worship any false god or follow any false religious system. **adulterers.** Married persons who indulge in sexual acts outside their marriage. **homosexuals … sodomites.** These terms refer to those who exchange and corrupt normal male-female sexual roles and relations. Transvestism, sex changes, and other gender perversions are included (cf. Gen. 1:27; Deut. 22:5). Sodomites are so-called because the sin of male-male sex dominated the city of Sodom (Gen. 18:20; 19:4, 5). This sinful perversion is condemned always, in any form, by

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[1]Richards, L., & Richards, L. O. (1987). *The teacher's commentary*. Includes index. (356). Wheaton, Ill.: Victor Books.

Scripture (cf. Lev. 18:22; 20:13; Rom. 1:26, 27; 1 Tim. 1:10).[2]

a. **Leviticus 18:22 (NKJV)** You shall not lie with a male as with a woman. It *is* an abomination.

b. **Romans 1:24-32 (NKJV)** **24** Therefore God also gave them up to uncleanness, in the lusts of their hearts, to dishonor their bodies among themselves, **25** who exchanged the truth of God for the lie, and worshiped and served the creature rather than the Creator, who is blessed forever. Amen. **26** For this reason God gave them up to vile passions. For even their women exchanged the natural use for what is against nature. **27** Likewise also the men, leaving the natural use of the woman, burned in their lust for one another, men with men committing what is shameful, and receiving in themselves the penalty of their error which was due. **28** And even as they did not like to retain God in *their* knowledge, God gave them over to a debased mind, to do those things which are not fitting; **29** being filled with all unrighteousness, sexual immorality, wickedness, covetousness, maliciousness; full of envy, murder, strife, deceit, evil-mindedness; *they are* whisperers, **30** backbiters, haters of God, violent, proud, boasters, inventors of evil things, disobedient to parents, **31** undiscerning, untrustworthy, unloving, unforgiving, unmerciful; **32** who, knowing the righteous judgment of God, that those who practice such things are deserving of death, not only do the same but also approve of those who practice them.

c. **1 Timothy 1:8-10 (NKJV)** **8** But we know that the law *is* good if one uses it lawfully, **9** knowing this: that the law is not made for a righteous person, but for *the* lawless and insubordinate, for *the* ungodly and for sinners, for *the* unholy and profane, for murderers of fathers and murderers of mothers, for manslayers, **10** for fornicators, for sodomites, for kidnappers, for liars, for perjurers, and if there is any other thing that is contrary to sound doctrine,

b. Singles have a unique struggle in this area.

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[2]MacArthur, J. J. (1997, c1997). *The MacArthur Study Bible* (electronic ed.) (1 Co 6:9). Nashville: Word Pub.

i. **1 Corinthians 7:2 (NKJV)** [2] Nevertheless, because of sexual immorality, let each man have his own wife, and let each woman have her own husband

4. **Fulfill the marital sexual relationship.**

   a. The marital sexual relationship is a God-ordained duty to one another.

      i. **1 Corinthians 7:3-5 (NKJV)** [3] Let the husband render to his wife the affection due her, and likewise also the wife to her husband. [4] The wife does not have authority over her own body, but the husband *does.* And likewise the husband does not have authority over his own body, but the wife *does.* [5] Do not deprive one another except with consent for a time, that you may give yourselves to fasting and prayer; and come together again so that Satan does not tempt you because of your lack of self-control.

   b. Fulfilling sexual relationships take effort.

      i. It is a *naïve assumption that the marital sexual relationship comes easily.*

      ii. That is why we are going through a marriage course. We need to give as much attention to learning how to be a good husband or wife as we give to any other area of learning in our life.

   c. Sexual relationships often need healing before finding fulfillment.

      i. Due to so much unrighteous in our society centering upon sexual immorality many have distorted understanding or emotional blocks to a fulfilling sexual desire and relationship.

      ii. Marriage courses, marriage enrichment activities are good and beneficial. However often times it will take openness, courage, honesty and Godly counsel to overcome.

5. **Teach your children godly sexuality.**

   a. God designed the family as the primary place for sexual education.

      i. **Proverbs 22:6 (NKJV)** Train up a child in the way he should go, And when he is old he will not depart from it.

   b. Awkwardness cannot prevent faithful training.

i. Many parents have hesitation, embarrassment, guilt, unrighteous teaching methods etc. when providing sex education.

Conclusion:

1. Confession is necessary for forgiveness and to overcome

2. Sexuality is a gift from God

3. We should strive to keep God's standards and his standards are high:

    a. Sexual relations should only occur between married individuals

    b. Sexual desire should be limited in mind and in deed to your martial partner

4. Married couples should fulfill the sexual relationship

5. Godly parents teach their children God's view on sexual relationships